

PRE-RACE INFO for international competitions in Trail-O 29th-30th May 2010

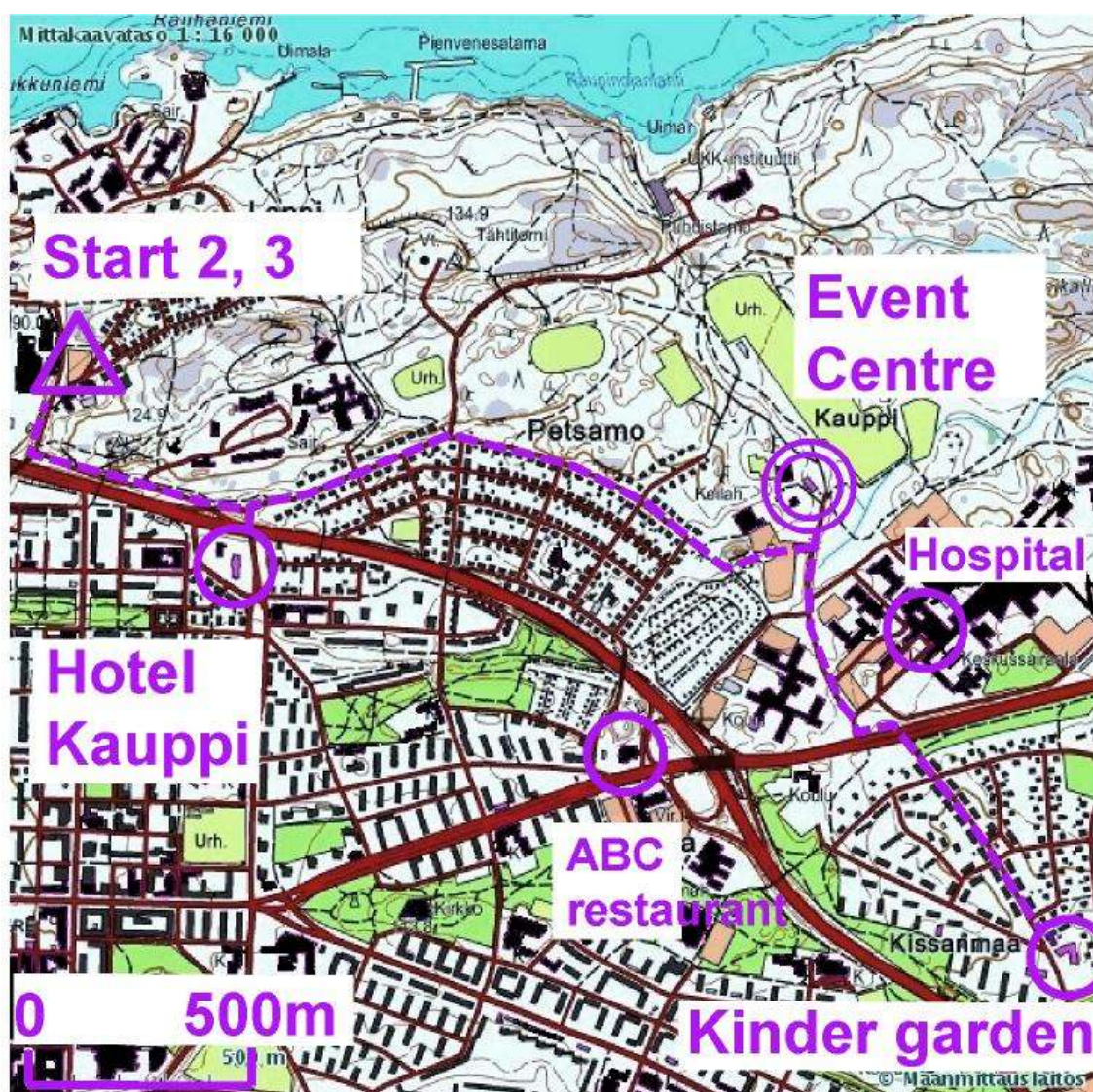
Competition rules

The Competition Rules for IOF Trail Orienteering Events 2009 and IOF:s Technical Guidelines for Elite Trail Orienteering. Competitors may use only roads marked with brown colour on the map. Roads marked with purple cross on the map may not be used. Some brown roads are marked with plastic ribbon in terrain. The ribbon may not be crossed. Competitors may not go into the forest.

Competition center

Kauppi sportcenter, Tampere. See map.

In competition center there will be a restaurant and possibility to have lunch (10 €). Lunch will be available at Saturday between 1. and 2. race and on Sunday after the race. ABC- service station / restaurant (24h) is also nearby. Buffet lunch 10,20 €.



Terrain

Mostly forest terrain with good roads and paths. Mainly good visibility. Competitors may use only roads marked with brown colour. Competition area is a very popular park for outside activities. There will be lots of bicycles. BE AWARE!

Use zebra crossing if possible, BE AWARE! Heavy traffic!

Map

Kauppi 2009, moderated 2010. Scale 1:4000, contour interval 2,5 m. Competitors will get map and control descriptions covered with plastic at start.

Control descriptions

Control descriptions are given with map. The last column of control descriptions shows the viewing direction, if the number of the control doesn't give that information.

Controls

Elit: There are 1-5 flags on controls, blue viewing point with number of the control. There will be no viewing point for controls with only one flag.

A-class: There are 2-5 flags on controls, white viewing point with number of the control.

If flags from other controls are seen from the viewing point there will be marked sectors to show which flags are ment.

Timed controls

There will be 5 flags on timed controls (A-E) in competition 1, 3 and 4. In TempO 6 flags (A-F).

There will be no zero controls on timed controls. Competitors are sitting while solving time controls.

Answers must be given loud and clear, using Alfa, Bravo, Charlie, Delta, Echo (and in TempO Foxtrot).

Special info for different competitions

1. Competition: Saturday 11 a.m. Long

Elit: -Start at competition center. Mass start in groups at 10 min intervals.
 -Distance 1,6 km, total climb 20m. 20 controls, 2 timed controls after finish.
 -Maximum time 110 min.

A-class: -18 controls, 2 timed controls after finish.

Use zebra crossing if possible, BE AWARE! Heavy traffic! Use sidewalks!

2. Competition: Saturday 3 p.m. TempO

- Meeting place: see map
- Assembly at 2:45 p.m., when leaving together to the start (1 km)
- Start order according to the results of the first race, the winner will start
- 8 time control clusters, three controls each. That makes 24 controls together.
- Each cluster have 6 flags (A-F), there will be no zero controls
- All three (3) maps are given at the same time in right order. Answers must be given in that same order. Time starts when maps are given and stops at last answer. There is no time limit for the answer.
- Total time = times used on each cluster + 45 sek for every wrong answer

Use zebra crossing if possible, BE AWARE!

The map on the backside of your control card will lead you to the next cluster. There is a circle marking the point where you should wait for your turn. Answers must be given loud and clear, using Alfa, Bravo, Charlie, Delta, Echo and Foxtrot. Competitors are sitting while solving time controls.

3. Competition: Saturday 7 p.m. Middle

- Meeting place: Same as in TempO, see map
- Assembly at 6:45 p.m.,
- Start 300m away. Mass start in groups at 10 min intervals
- Distance 1,0 km, total climb 30m. 15 controls, 2 timed controls after finish
- Maximum time 80 min

Use zebra crossing if possible, BE AWARE! Use sidewalks!

4. Competition: Sunday 10 a.m. Long

- Meeting at competition center latest at 9:45 p.m.
- Start 700m away. Mass start in groups at 10 min intervals
- Distance 2,8 km, total climb 50m. 20 controls (A-class 18), 2 timed controls after finish.
- Maximum time 150 min.

A part of the course is along a public road. Watch out for traffic!

Control card and punch

Control card and punch are given in start. Competitors may use their own punch.

Maximum time

The maximum time for each race is given in special info of the race. If maximum time is overtaken will every starting five (5) minutes deduce points by one.

Finish

All competitors come through the finish where time of arrival is written down. After finish follow the given instructions to get to the timed controls.

Results

Every right answer gives one point. The winner of joint competition is the one who gets most points. When points are even decides the time used at timed controls who is the winner.

Results of TempO is counted to joint results as follows:

-change the total time of TempO to points and seconds as follows:

- max points are 24 p (24 controls)
- every 60 seconds in total time deduce points by 1p.
- remaining seconds (under 60s) will be added to total time of timed controls in other competitions.

For example

- total time in TempO 0s (perfect performance) → 24p 0s.
- total time 59s → 24p 59s.
- 60s → 23p 0s
- 179s → 22p 59s (2x60=120s, 24-2=22p, 179-120=59s)
- 180s → 21p 0s (3x60=180s, 24-3=21p, 180-180=0s)
- 181s → 21p 1s (3x60=180s, 24-3=21p, 181-180=1s)

Prizes

Prizes will be given according to total results of all four competitions.

The top three of Elit get money prize. The best paralympic competitor according to total results will award a prize. The winner of each competition will award a prize.

Toilets

There is a toilet in the competition center. Toilet for handicapped is located nearby at the hospital.

Responsibility

The organizers will not take responsibility of any damage a competitor or an assistant caused to a third person or her/himself.

Officials

Event Director: Sari Salomaa-Niemi, EE, tel. +358 40 5243051

Course planners: Hannu Niemi, EE, +358 40 5682286 and Marja Kaukonen, EE, +358 40 5573858

Controller: Jari Turto, KoKV, +358 400 590394

Good luck for the race!

Epilän Esa and Kokemäen Kova-Väki